



# *The Spirit of Recovery*

**Glenbeigh 2015/2016 Annual Report**

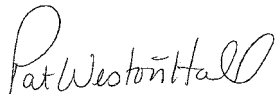
## EXECUTIVE SUMMARY

Dear Friends,

Welcome to Glenbeigh's annual report, which details our community benefit initiatives throughout 2015 and 2016. Community benefit is connected to Glenbeigh's mission, driving the services we provide to individuals and families living with the disease of addiction. But community benefit goes beyond our direct services and encompasses the well-being of the neighborhoods where we have a presence. Both the Community Health Needs Assessment and Glenbeigh's Implementation Strategy provide the road map we use to address the needs of, and improve the quality of life for, people living within our service communities.

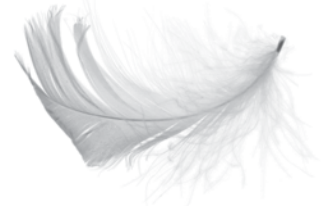
Externally, Glenbeigh supports local organizations' efforts to address alcohol and drug addiction, improve health and educate. Internally, community benefit includes providing financial assistance to persons in need who meet eligibility criteria; offering education and outreach services to individuals and families; and sharing our extensive knowledge of treating chemical dependency with students, health professionals and colleagues who help people secure treatment. In addition, Glenbeigh promotes a vital recovery community, which is a reflection of our passion for helping people sustain long-term recovery.

This report highlights the initiatives Glenbeigh has undertaken and will continue to address in the years to come. It shows our dedication to improving access to care, promoting a healthy community and facilitating multiple pathways to recovery. We are proud of what we've accomplished and the role we play in improving the quality of life for people with chemical dependencies and the community in which we work and live.



Pat Weston-Hall  
Chief Executive Officer





**Mission Statement:** To provide the highest quality care to adults, age 18 and over, suffering from alcohol or drug addiction.

**Vision Statement:** With treatment, people heal, families heal and communities heal. Dignity and self-worth are restored.

**Core Values:** Glenbeigh is a non-profit, Joint Commission accredited, specialty hospital that is committed to providing the tools needed to sustain recovery. The core of our treatment philosophy is putting the well-being of, and needs of, our patients and their families first. Addressing the challenges caused by alcohol and drug addiction requires that Glenbeigh remain open to innovative ideas and solutions while maintaining a commitment to tradition. As a result, Glenbeigh remains a nationally recognized treatment facility: one that continues to offer outstanding clinical care on a personal level.

There is more to community benefit than statistics. Behind the numbers are stories of resiliency, hope and achieving a new way of life. Throughout this publication, we've included personal stories that demonstrate the spirit of recovery. The stories and statements within this publication have been altered and identifying details have been changed to protect the privacy of individuals.

This report is published by Glenbeigh. For more information about Glenbeigh's Community Benefit Activities or this report, please contact Sheila Vandergriff at 330-652-6770 or by email at [sheila.vandergriff@glenbeigh.com](mailto:sheila.vandergriff@glenbeigh.com). Community benefit activities reported in this annual report are enumerated base on the guidelines of The Catholic Health Association of the United States.

*Meditation and prayer increases my spirituality and brings me healing. Staying connected to a spirit greater than myself promotes self-esteem, well-being, forgiveness, a feeling of belonging and a sense of oneness with recovery. All of these combined enable me to do things in life I never thought possible. Rob A.*

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## THE SERVICE COMMUNITY

Addressing alcohol and drug addiction in our communities requires collaboration and a willingness to engage in open dialogue. Drug and alcohol addiction are complex challenges effecting considerable cost to individuals, families and society. Only with a thorough understanding of the issues and challenges faced by everyone impacted by addiction can innovative solutions be formulated.

Glenbeigh, along with research partner Holleran Consulting, conducted a comprehensive Community Health Needs Assessment in 2013. This assessment was used to create implementation strategies utilized to guide the community benefit initiatives Glenbeigh undertook in 2015 and 2016.

Glenbeigh conducted the assessment in an effort to understand the health needs within the communities served by the Rock Creek facility and Glenbeigh's six outpatient centers. The Community Health Needs Assessment defined specific service areas where Glenbeigh has a presence and could potentially make an impact.

While Glenbeigh is a national treatment provider, for the purposes of defining a distinct service community, only 13 Ohio counties and two Pennsylvania counties were included in the service area. Ohio service counties include: Ashtabula, Cuyahoga, Erie, Geauga, Lake, Lorain, Lucas, Mahoning, Medina, Portage, Stark, Summit and Trumbull. Pennsylvania counties are Erie and Allegheny.

Glenbeigh cares for families from Ohio and across the United States as follows:

**2015:** Individuals from 75 Ohio counties and 22 states were admitted.

**2016:** Individuals from 50 Ohio counties and 23 States were admitted.



Map Source: OhioState.gov

## COMMUNITY HEALTH NEEDS

Research components used to establish the core health needs within Glenbeigh's identified service communities included secondary data, key informant surveys and focus groups. Consideration was made to ensure each component included the unique perspective of alumni, family members, healthcare providers, employers and others who assist individuals and families struggling with addiction.

The following key findings were identified as significant health needs within Glenbeigh's principle service communities:

- Drug and alcohol addiction is pervasive and impacts people of all races, income levels and ages.
- There are limited resources for the treatment of drug and alcohol addiction, particularly for the uninsured.
- There are limited inpatient treatment options for the treatment of drug and alcohol abuse as well as limited detox beds.
- Transitional services, such as residential housing options and vocational rehabilitation, are in great need.
- There is a clear connection between drug and alcohol abuse and social determinants of health (i.e. poverty, unemployment).
- Indicators point to increasing rates of heroin addiction due to the ease of accessibility and relative low cost compared to other drugs.
- The age of the addict is on the decline.
- Among providers and other professionals, more education is needed about what services are available and how to fully understand the treatment of addiction.



*For the last 10 years I surrounded myself with people who lived the same lifestyle I was living. After completing rehab, I was scared to go home, back to a place where I didn't know how to live clean. Instead, my counselor told me I'd benefit from living at Glenbeigh's recovery housing. There I'd be with other people who were just out of rehab. I'm so grateful I was given this chance. I've found people willing to help me and give me a safe place to cultivate my recovery. This place has replenished my hope in people and I hope someday I can pay it forward. Alex P.*

## SOCIAL DETERMINANTS OF HEALTH

The Community Health Needs Assessment provided critical information related to what are classified as social determinants of health. Social determinants of health reflect the conditions in which people live, work and play. Conditions are impacted by wealth, power and resources and it's often these circumstances that are responsible for inequities in health status. Poverty impacts housing, education, employment opportunities and overall health of the community.

Within Glenbeigh's service area, Ashtabula, Lucas, Mahoning and Trumbull Counties, Ohio, had the highest poverty rates. Overall, 11.5% of Ohio families and 9.2% of families living in Pennsylvania lived in poverty. In January 2013, 8.4% of Ohioans and 9.2% of Pennsylvanians were unemployed and both Ashtabula and Trumbull Counties had the fewest number of individuals with a bachelor's degree or higher. Within Glenbeigh's service communities, there are many neighborhoods where poverty is prevalent and chemical dependency is widespread.

Consequently, Glenbeigh provided financial assistance to individuals seeking treatment who met clinical and financial eligibility. Through its financial assistance policy, Glenbeigh provided scholarship opportunities for underinsured or uninsured individuals and contributed the following amounts to benefit the community:

**\$4.95 million in scholarships were provided during 2015**

**\$4.97 million in scholarships were provided during 2016**

In addition to receiving scholarship support, many individuals affected by addiction are in need of low-cost interim housing options. As a result, Glenbeigh expanded its Niles Recovery Community offering more housing options for people who've completed inpatient treatment. The purpose of the recovery housing is to provide men with a safe environment, free from alcohol and other drugs, while building a foundation in recovery. The benefits of living in a recovery community include an in-house support structure based on the 12 Step program, on-site staff that provides oversight and continued care, and an opportunity to learn communication and coping skills to better reintegrate into society.

*In today's world it's nice to know that miracles still happen. My miracle was having the opportunity to stay at Glenbeigh long enough to establish a foundation in recovery from my dependence on narcotics. If not for the assistance you provided, I would have been in a terrible place. Everyone wants a good life for themselves and their families and it takes more than a few days in treatment to learn how to live in recovery. I'm forever grateful to have found such a compassionate group of people and that I was given the chance to stay and finish my treatment. Amy J.*



## SERVICE REPORT

Glenbeigh offers world-class patient care for the treatment of chemical dependencies. Our philosophy is that every person touched by addiction should be treated with dignity and respect. What makes Glenbeigh stand apart is our highly credentialed professionals and our compassionate staff who provide premier treatment and recovery support. At Glenbeigh, we deliver the level of care expected from a nationally recognized, accredited, healthcare provider.

Both inpatient and outpatient treatment are essential to achieving a successful, long-term recovery. At Glenbeigh, our caregivers work with each patient and their loved ones to create practical, achievable, recovery goals. We provide the resources needed to live free of mood-altering chemicals and continue to offer recovery support services after discharge. To provide ease of access, Glenbeigh offers outpatient services and recovery support services in Beachwood, Canton, Niles, Rock Creek, Rocky River and Toledo in Ohio, as well as in Erie, Pennsylvania. Outpatient programming concentrates on providing comprehensive outpatient assessments, intensive outpatient programs, continuing care and family programs.

### Inpatient Admissions

2015		3,168
2016		3,207

### Outpatient Services

#### Intensive Outpatient Treatment

2015		29,325
2016		28,011

#### Assessments

2015		1,665
2016		1,594

#### Individual Counseling

2015		9,090
2016		8,445

#### Group Counseling

2015		11,695
2016		12,509

*I came to Glenbeigh's program twice in my early adulthood. Heroin was my drug of choice. I was beat up, depressed and had absolutely no direction or structure. After extensive work in a recovery program, I've managed to turn my life around. I've finished school and begun a personal mission to help others experience the rewards of recovery. Ultimately, Glenbeigh is the reason I'm alive today. Glenbeigh offered the programs I needed to stay clean, especially during early recovery. My counselor cared and inspired me to work the program and encouraged me to pursue this new direction in my life. I cannot express how grateful I am for having the opportunity to give back and help others. Josh J.*

## GLENBEIGH'S TOP SERVICE COMMUNITIES 2015

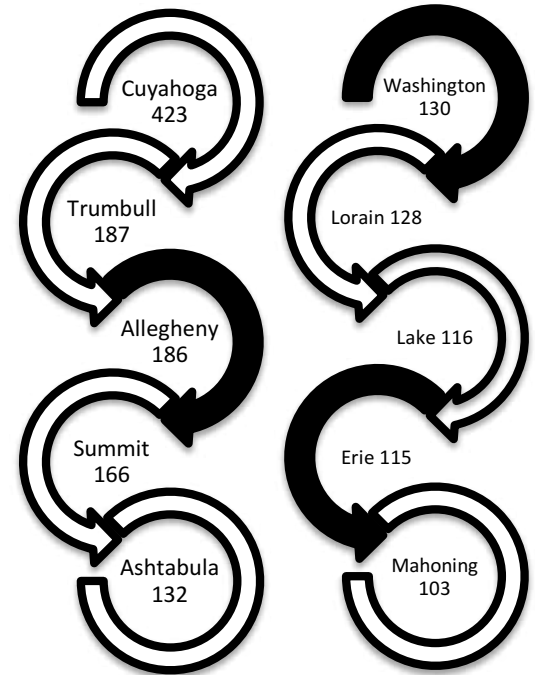
Individuals were admitted from across the continental United States. The majority of people seeking treatment were from Ohio, Pennsylvania and West Virginia. The top drugs of choice reported as the reason for seeking treatment are as follows:

Cuyahoga County, Ohio		
Alcohol		206
Heroin		124
Trumbull County, Ohio		
Heroin		68
Alcohol		62
Allegheny County, Pennsylvania		
Heroin		82
Alcohol		65
Summit County, Ohio		
Alcohol		88
Heroin		38
Ashtabula County, Ohio		
Heroin		54
Alcohol		36
Washington County, Pennsylvania		
Heroin		67
Alcohol		33
Lorain County, Ohio		
Alcohol		49
Heroin		47
Lake County, Ohio		
Heroin		47
Alcohol		43
Erie County, Pennsylvania		
Alcohol		62
Heroin		23
Mahoning County, Ohio		
Heroin		42
Alcohol		41

### 2015 Total Inpatient Admission: 3,168

Alcohol	1,254
Heroin	1,004
Opiates	301
Percocet *	121
Cocaine	70
Other	418

*\* Percocet, an opioid, was separated from the opiates category due to significant reported use.*



*# of Admissions from County.  
Dark rings signify Pennsylvania Counties*



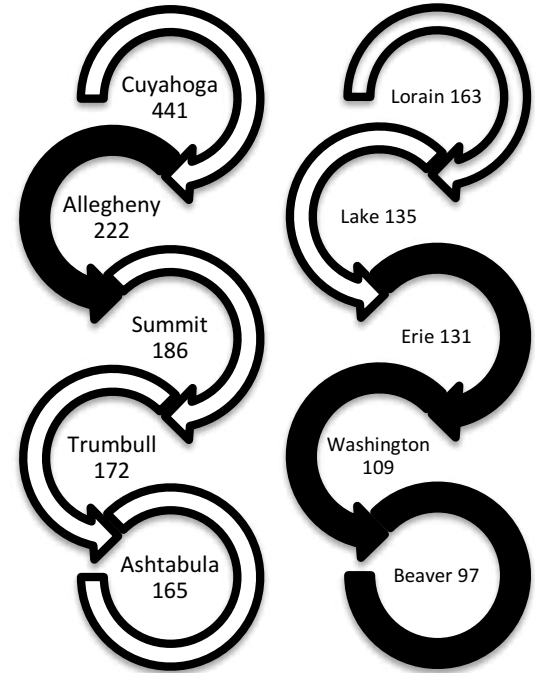
## GLENBEIGH'S TOP SERVICE COMMUNITIES 2016

Glenbeigh's service area spread further in 2016 as individuals as far as Hawaii arrived for treatment. Heroin and alcohol remained the top reported drugs of choice when surveyed upon admission. The top admissions states remained Ohio, Pennsylvania and West Virginia. The top drugs of choice are as follows:

Cuyahoga County, Ohio		
Alcohol		234
Heroin		111
Allegheny County, Pennsylvania		
Heroin		111
Alcohol		76
Summit County, Ohio		
Alcohol		80
Heroin		62
Trumbull County, Ohio		
Heroin		79
Alcohol		49
Ashtabula County, Ohio		
Heroin		74
Alcohol		51
Lorain County, Ohio		
Alcohol		72
Heroin		58
Lake County, Ohio		
Alcohol		51
Heroin		47
Erie County, Pennsylvania		
Alcohol		64
Heroin		37
Washington County, Pennsylvania		
Heroin		54
Alcohol		24
Beaver County, Pennsylvania		
Heroin		55
Alcohol		17

2016 Total Inpatient Admission:	
<b>3,207</b>	
Alcohol	1,259
Heroin	1,095
Opiates	309
Percocet *	122
Cocaine	70
Other	352

*\* Percocet, an opioid, was separated from the opiates category due to significant reported use.*



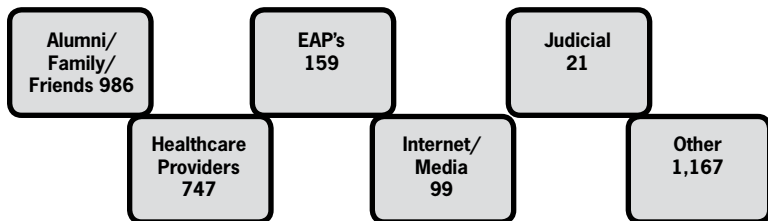
*# of Admissions from County.  
Dark rings signify Pennsylvania Counties*

## COLLABORATION

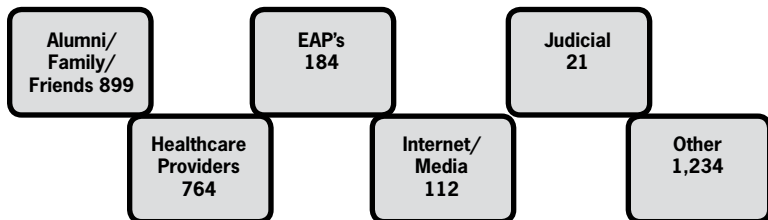
Glenbeigh forges strong relationships with our colleagues in the field working with individuals living with active addiction. Referents play a significant role in helping people realize they have an opportunity to change their life and start living without the use of mood-altering chemicals.

Referents know that as a Joint Commission Gold Seal accredited facility, Glenbeigh delivers a seamless experience, which includes complex, yet individualized treatment. Referents are advocates for treatment and may act as a liaison between the patient, their employer and the treatment provider. Glenbeigh interacts with a national network of referents and treatment providers. Providing the best course of action for the client is Glenbeigh's number one priority.

### 2015



### 2016



Referents advocate for quality care for their clients and we work together to deliver hope and healing. The diagrams show referent classifications along with the number of people recommended for treatment from that source. “Other” consists of individuals referred to Glenbeigh by other treatment centers, county mental health service providers, attorneys, spiritual centers, crisis centers, private social service agencies, local and state municipalities and private practitioners.

Glenbeigh believes in supporting our colleagues by offering programs where participants can learn the latest about the treatment of alcohol and drug addiction and promoting long-term recovery. Over the years, Glenbeigh developed the “Rise and Shine” series: programs that educate, motivate and empower.

*These are in addition to workshops and other professional trainings offered each year.*

*The following activities show initiatives provided as part of Glenbeigh's longstanding dedication to improving community health through access to quality care.*


## **EDUCATION AND WORKSHOPS**

The 2013 Community Health Needs Assessment identified a necessity for educating providers, other professionals and the general public on available services and how to fully understand the treatment of addiction. Consequently, Glenbeigh's community benefit initiatives include the provision of informative seminars and clinical education in our strategic service communities.

During 2015, over 380 professionals attended Glenbeigh's complimentary Rise and Shine workshops, which offered insight into the dynamics of the disease of addiction, new treatment models and topics related to drug and alcohol addiction. Another 282 individuals attended Glenbeigh's ancillary presentations on addiction and recovery.

In addition, Glenbeigh provided clinical training to 164 nurses and nursing students from Lakeland Community College, Kent State University and Cleveland State University.

Hands-on training for interns specializing in social work and counseling is an important component of the learning process. Over 480 intern consultations were provided at Rock Creek and Glenbeigh's outpatient centers. Interns from Case Western Reserve University, Edinboro University, Indiana Wesleyan University, Kent State University, South University, the Universities of Akron; Southern California and Toledo, Wake Forest University and Youngstown State University shadowed and learned from Glenbeigh's exceptional clinical staff.



*Recovery is found in unity. It's based on the common bonds of addiction and recovery. Regardless of your background, there's a special atmosphere amongst those not only surviving, but striving against the odds.*  
Jenny G.

## **Location      Rise and Shine Workshops Offered by Glenbeigh in 2015**

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**Beachwood** • Dual Diagnosis: Identification and Treatment of Co-Occurring Disorders – Bill Hale, Ph.D., LICDC-CS

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**Canton**

- Integrating Mind-Body-Health with Success – Annette Franks, M.Ed., CWC
- Care of Self and Others After a Client Death – Emily Ribnik, M.Ed., LPCC-S, NCC
- Human Trafficking 101 – Elana Koh, AmeriCorps/Gigi Muir, MA Ed., LPCC-S, LICDC-CS
- Working with Families of Addicted Individuals – Crystal Hiner, MA. Ed., LPCC-S, LICDC

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**Erie**

- Non-Suicidal Self Injury – Michael Vodusek, MA Ed., CDCA
- Screening of The Anonymous People
- Dual Diagnosis: Identification and Treatment of Co-Occurring Disorders – Bill Hale, Ph.D., LICDC-CS
- A Crises Intervention Model and Rules of the Road Utilizing the Crucial C's – Ken McCurdy, Ph.D.

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**Niles**

- Non-Suicidal Self Injury – Michael Vodusek, MA Ed., CDCA
- Dual Diagnosis: Identification and Treatment of Co-Occurring Disorders – Bill Hale, Ph.D., LICDC-CS
- Integrated Approaches to Trauma and Addiction Therapy – Rebecca Scarpaci , M.S. Ed., PCCR, LCDC III

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**Rock Creek**

- Dual-Diagnosis and Addiction – Ted Parran, M.D.
- Medication Management, Monitoring and Peer Assistance for the Recovering Professional – Jarrod Grossman, PharmD.
- The Neurobiology of Addiction – Ted Parran, M.D.

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**Rocky River**

- Best Practices in Supervision – Madeline Martin, MSW, LISW-S, LICDC-CS
- Treatment Providers and the Department of Transportation: Working Cooperatively with Substance Abuse Professionals – Laurie Knowlton, LISW-S, SAP

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**Toledo**


- Sexual Exploitation and its Influence on Human Trafficking –Jared Rose, MA, LPC/CR, NCC
- Opiates in Lucas and Surrounding Counties: Understanding the Impact – Marc O'Neill, MRC/  
Matt Rizzo, LISW
- Opiates in Lucas and Surrounding Counties: Understanding the Impact – Sheriff John Tharp/  
Marc O'Neill, MRC
- Treatment for the Forensic Population – Matthew Ritzman, M.Ed., LCDC III

During 2016, over 305 professionals attended Glenbeigh's complimentary Rise and Shine workshops. Another 685 individuals attended Glenbeigh's supplementary educational programs, which included presentations on Opioid Overdose Prevention and the Use of Naloxone, Basic HIV Training, TB/STD/HEP Training, The Drug Free Workplace, Opiate Addiction and Treatment as well as additional programs on Treatment and Intervention.

Healthcare professionals play a critical role in treating the disease of addiction. Glenbeigh provided clinical training to 106 nurses and nursing students from Carrington Park, Indiana Wesleyan University, Lakeland Community College, Kent State University and Ohio University.

Another 698 teaching opportunities were provided to interns at Rock Creek and Glenbeigh's outpatient centers. Interns from Bryant & Stratton College, Case Western Reserve University, Cleveland State University, Edinboro University, Grand Canyon University, Kaplan University, Kent State University, South University, Spring Arbor University, Stark State, The University of Toledo, Wake Forest University and Youngstown State University received in-depth instruction on the dynamics of substance abuse and addiction and its impact on individuals and families.

This invaluable experience provides students with an understanding of the disease of addiction and prepares them to assist clients impacted by alcohol and drug use.



*Interning at Glenbeigh showed me there's more to being educated than reading books. Working with professionals taught me how to put into practice what I learned in class from my teachers. It prepared me to work with clients and most importantly to work with other clinicians. The staff at Glenbeigh is very supportive and helped me understand how to care for patients and families. The experience also allowed me to build a network with colleagues in the field.*

*Patty L.*

## **Location      Rise and Shine Workshops Offered by Glenbeigh in 2016**

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- Beachwood**
- Treating Transgender Patients – Will Koehler, Ph.D., LCSW/Charlene Newport, LPC
  - Self-Efficacy in Recovery: Enhancing Client Expectations of Success – Bill Hale, Ph.D., LICDC-CS
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- Canton**
- Mindfulness: Soul Medicine for Clinician and Client – Bill Hale, Ph.D., LICDC-CS
  - Infusing Pop Culture into Counseling to Build Rapport and Client Success – Emily Ribnik, M.Ed., LPCC-S
  - Getting the Most Out of Supervision – Madeline Martin, MSW, LISW-S, LICDC-CS
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- Erie**
- Wars and Warriors: Working with Veterans and the VA – Jeffrey Natalie, LCSW
  - Self-Efficacy in Recovery: Enhancing Client Expectations of Success – Bill Hale, Ph.D., LICDC-CS
  - Getting the Most Out of Supervision – Madeline Martin, MSW, LISW-S, LICDC-CS
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- Niles**
- Addiction and the Family – Bill Hale, Ph.D., LICDC-CS
  - Screening, Brief Intervention and Referral to Treatment Training (SBIRT) – Nickola Ceglia, MS, LISW; Kathie Marini, LISW; Kathleen LaMarco, MA, OCPSI
  - Self-Efficacy in Recovery: Enhancing Client Expectations of Success – Bill Hale, Ph.D., LICDC-CS
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- Rock Creek**
- Communication Issues in the BHC Workplace – Camille Zalar, MHA, BSN, RN, CARN, ICC
  - The Complexities of Treating Eating Disorders and Substance Abuse Disorders – Lucene Wisniewski, Ph.D., FAED
  - “Alethes” An Obvious Undeniable Truth – John Schlupe, D.Min
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- Rocky River**
- The Complexities of Treating Eating Disorders and Substance Abuse Disorders – Lucene Wisniewski, Ph.D., FAED
  - Non-Suicidal Self Injury – Michael Vodusek, MA Ed., CDCA
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- Toledo**
- Mindfulness: Soul Medicine for Clinician and Client – Bill Hale, Ph.D., LICDC-CS
  - What If...I Could Be Happy? How Perspective Impacts Life Satisfaction – Janet Miller, MA, LPCC
  - Addiction and the Family – Bill Hale, Ph.D., LICDC-CS
  - Legal and Ethical Issues Regarding Suicidal Patients – Randy Clements, LISW-S, LICDC-CS
  - Getting the Most Out of Supervision – Madeline Martin, MSW, LISW-S, LICDC-CS
  - Stress, Coping and Hope – Janet Miller, MA, LPCC
  - Integrating Strengths-Building into 12 Step Recovery: How Positive Psychology Can Facilitate Addiction Treatment – Bill Hale, Ph.D., LICDC-CS

## STRENGTHENING FAMILIES AND ENRICHING THE COMMUNITY

Glenbeigh is committed to its service community and goes above and beyond providing treatment services, affordable recovery housing and events that strengthen families and promote safe communities. Part of Glenbeigh's commitment is the provision of a recovery support network that fosters working toward and achieving long-term recovery. Glenbeigh's recovery support includes interaction with family and friends as well as with anyone supporting the recovery community. There are clear benefits to promoting a strong recovery support network and Glenbeigh offered the following events during 2015 and 2016.

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### 2015 Events

Niles Community Spring Banquet	Memorial Day Picnic
Independence Day Picnic	Akron Rubber Ducks Event
Scrappers Ball Game	Rocky River Picnic
Pittsburgh Cookout and Concert	Annual Picnic at Rock Creek
Toledo Mud Hens Ball Game	Niles Labor Day Picnic
Movie Night Niles	Cleveland Gratitude Skate
Movie Night Rocky River	Niles Holiday Banquet
Open House for Alumni & Friends	ARCHway Golf Outing Geneva
ARCHway Golf Outing Toledo	Rally for Recovery Walk

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### 2016 Events

Movie Night Toledo	Niles Gratitude Breakfast
Niles Spring Banquet	Annual Picnic at Rock Creek
Memorial Day Picnic	Independence Day Picnic
Westside Cleveland Picnic	Erie Community Breakfast
Niles Labor Day Picnic	CWRU Day of Service
Cleveland Night of Comedy	Niles Halloween Party
Recovery Roadshow	Westside Day of Service
Day of Service at Recovery House	Niles Holiday Banquet
Pittsburgh Bridges to Recovery	Canton Night of Comedy
Pittsburgh Cookout and Concert	ARCHway Golf Outing Geneva
Cleveland Gratitude Breakfast	Toy Drive Lucas County
Donation Drive Beachwood	Toledo Night of Comedy



*I find my strength in the fellowship of recovery. Going through Glenbeigh's program opened my world to a group of supportive people who I know I can count on if I ever doubt myself. I'd tried other treatment programs for my alcohol addiction but needed a different view. I need support that goes beyond the end of treatment. The events Glenbeigh hosts reinforce my steps and reconnect me with people who are living in recovery. When I go home, I have a renewed spirit and gratitude for what I've accomplished. John R.*

## SUPPORTING THE COMMUNITY

Glenbeigh's caregivers live and work in the communities we serve. Glenbeigh provides support to other organizations in the form of monetary contributions, through the provision of volunteers or through in-kind donations. The following organizations have been supported by Glenbeigh and our caregivers. These organizations share Glenbeigh's commitment to address addiction and to improve the community.

Catholic Charities of Ashtabula County  
 Ohio Physicians Health Program  
 Mental Health and Recovery Services Board  
 American Heart Association  
 The ARCHway Institute  
 The Oasis  
 Erie County Drug & Alcohol Coalition  
 Pharmacists Rehabilitation Organization  
 Ashtabula County Safety Council  
 Youngstown Regional Chamber  
 Lyme Disease Awareness  
 United Way  
 Ashtabula Intergroup AA  
 Area 54  
 American Legion Post 703  
 Wednesday Night AA – Niles/Rock Creek  
 First Step to Recovery – Niles  
 Caduceus Meeting – Toledo  
 The Turning Point – Niles  
 A Better Place to Be – Niles  
 19<sup>th</sup> Annual Psychiatric Symposium  
 Drug Free Workplace Acacia County  
 Mahoning County Community Agency  
 Basement Outreach Ministry - Warren  
 Crawford County Heroin Overdose Task Force  
 Trumbull County Mental Health and Recovery Board  
 Fayette & Washington County Drug and Alcohol Agencies

Cathedral Worship Center  
 Help Hotline Crisis Center  
 Alliance for Substance Abuse Prevention Trumbull County  
 Duquesne TEG Memorial Golf Invitational  
 CLEAR – Recovery Rocks  
 ACMC Foundation Golf Classic  
 The Infante Wellness Center  
 LEADERShip Ashtabula County  
 Hope for Recovery from Addiction  
 Recovery Walk  
 American Cancer Society  
 Upper St. Clair Youth Steering Event  
 503 Board  
 Civic Development Corporation  
 As Bill Sees It - Niles  
 First Responders/Fire/Police - Rocky River  
 Journey Begins – Rock Creek  
 Sober Swagger – Niles  
 There is Hope AA – Rock Creek  
 Support for Families - Canton  
 Ashtabula Town Hall Meeting  
 YSU Social Work Department Board  
 Ashtabula County Mental Health & Recovery Services Board



## A COMMUNITY RESOURCE

**Community Health Improvement** – Includes all the activities or programs Glenbeigh implements for the purpose of improving health. These services are provided at no cost and are designed to educate. Glenbeigh’s weekly family program is included in this category. During 2015, over 38,000 people, and during 2016, over 42,000 people, attended Glenbeigh’s programs, which focused on prevention, understanding, coping, treatment protocols and living in recovery.

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	<b>Number of People Served</b>	
	<b>2015</b>	<b>2016</b>
Support Groups and Symposiums	10,879	10,284
Patient Access to Care	2,198	2,648
Family Education and Programming	2,510	2,986
General Community Support	21,626	25,283
Alcohol and Drug Addiction Presentations	366	257
Health Fairs	520	1,280
<b>Total</b>	<b>38,099</b>	<b>42,738</b>

**Health Professionals Education and Workshops** – Glenbeigh is committed to improving health by offering educational opportunities for nursing, counseling and social work students and interns. Individuals from various schools (listed on pages 11 and 13) acquire advanced clinical skills by shadowing Glenbeigh’s exceptional practitioners. Glenbeigh remains committed to providing educational opportunities to ensure future caregivers provide top quality medical care delivered with compassion and empathy for the patient and their family.

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	<b>2015</b>	<b>2016</b>
Clinical Education	164	106
Professional Workshops	666	992
Internships	488	698
<b>Total</b>	<b>1,318</b>	<b>1,796</b>

**Community Building Activities** – Addressing the needs of the community spans beyond providing addiction services. Glenbeigh sponsors initiatives that serve the recovery community and spread outside our defined service borders. The following initiatives were part of Glenbeigh’s implementation strategy based on the 2013 Community Health Needs Assessment and were designed to meet the identified needs of our neighbors.

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	<b>2015</b>	<b>2016</b>
Cash Donations to Non-profit Organizations	\$5,603	\$5,921
Sober Living Events	\$30,673	\$69,326
In-Kind Donations	\$9,662	\$7,848
<b>Total</b>	<b>\$45,938</b>	<b>\$83,095</b>

Over 2,700 people participated in Glenbeigh’s community building activities during 2015 and 2016. Glenbeigh hosted sober living events are listed on page 15.



*Recovery is beyond abstinence from alcohol and drugs. It's about doing whatever I can to make my life count. For me, my purpose has been to try to help others who are less fortunate than me. It's the reason I spend a few extra minutes with someone who's struggling to stay clean or volunteer at a community event that benefits others. Being of service and making a difference gives meaning to my life. It's important to me because I'm grateful for being given another chance. Ethan S.*

## SOCIAL CONNECTIONS

Glenbeigh's website provides a wealth of information to visitors researching alcohol and drug addiction. It offers resources for people searching for treatment options as well as a connection to recovery support networks. Glenbeigh's official website is [www.glenbeigh.com](http://www.glenbeigh.com).

Glenbeigh actively engages the recovery community through the use of social media. Social media allows us to reach far beyond our service communities. The use of Facebook and Twitter deliver daily messages of inspiration that enhance the recovery journey. These platforms, in addition to Glenbeigh's main website, are a source for upcoming event information that the recovery community can reference. Glenbeigh's online community is a gathering of people interacting and collaborating toward a common goal.

Facebook: [www.facebook.com/glenbeighrecoverycommunity](http://www.facebook.com/glenbeighrecoverycommunity)

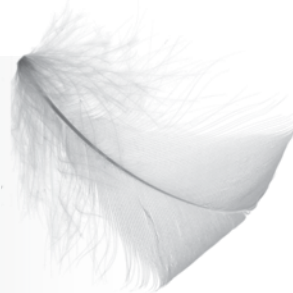
Twitter: @GlenbeighFamily

LinkedIn: [www.linkedin.com/company/glenbeigh](http://www.linkedin.com/company/glenbeigh)

Pinterest: <https://www.pinterest.com/GlenbeighFamily>

Instagram: <https://www.instagram.com/GlenbeighFamily>

*Recovery encourages hope and helps me see meaning and purpose in my life. The spirit of recovery is a connection to something universal that links life. When I think about my recovery, I'm filled with gratitude for discovering a higher power and a supportive network of people who help me see what I'm capable of accomplishing. Katie R.*





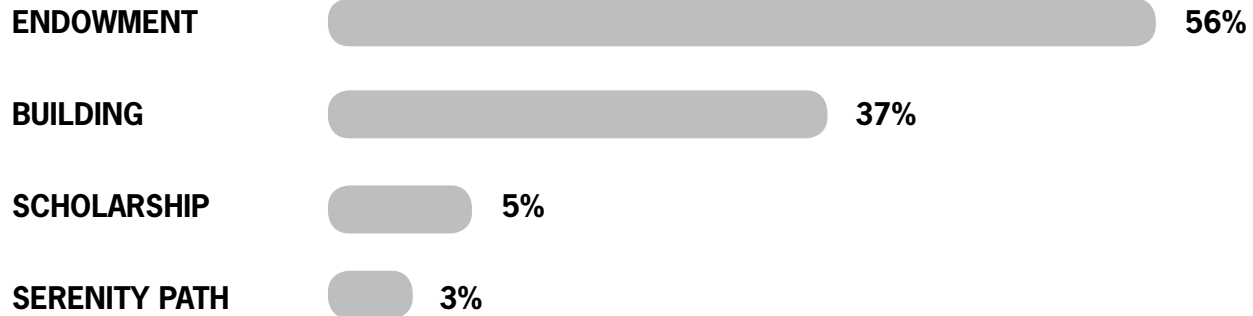
## **GRATITUDE**

Each year generous individuals, families, foundations and other entities contribute to Glenbeigh in order to share hope and healing with people suffering with the disease of addiction. Alumni, along with family members, give back as part of the recovery process and the tradition of showing gratitude. Foundations support causes that make the community a better place to live. Others contribute in order to provide resources for treatment and recovery services so more opportunities are available to anyone affected by alcohol or drug addiction.

Glenbeigh provides many resources for patients and family members as part of our efforts to create a world where recovery is possible and sustainable. Recovery is a gift and we are connected through our caring for each other. Together, we deliver a message of hope and share the miracle of recovery.

While donor names are not published, we are grateful for their kindness and generosity. All donations offer people searching for help the opportunity to grow and experience a new life free from alcohol and drug use.

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