

Glimmer

Glenbeigh
ACMC Healthcare System

An affiliate of
 Cleveland Clinic

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A Newsletter for Glenbeigh Family and Friends

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CEO's Corner



Pat Weston-Hall, CEO

Dear Friends,

At Glenbeigh, we believe that every person who walks through our doors deserves the chance to be free from the control alcohol and drugs have on their lives. We believe in refocusing on the positive things in life, showing our gratitude and building on what we have learned to stay clean and sober. As people in recovery, we learn to lean on others for support. Staying connected to people in recovery is one of the most effective ways to sustain long-term recovery for ourselves.

Starting in June, Glenbeigh will be hosting and participating in many recovery support events, making this one of our busiest summers. I encourage all our friends, family and anyone in the recovery community to attend the events featured in this edition of Glimmer. Reconnect at our annual Rock Creek picnic on Saturday, July 20th. Join us on August 25th when we will be at the Rock & Roll Hall of Fame for Rock and Resilience Community Day. These events are a testament to the power of the fellowship of recovery.

In September, Glenbeigh will be hosting a Clam Bake fundraiser and our annual Golf Outing with the ARCHway Institute. Giving back is engrained in the spirit of recovery and allows us to connect as people who care for others. Shown right, read about the philanthropic spirit of a local business owner and her husband who wanted to help families impacted by addiction. Their generosity will touch lives for years to come. The Glenbeigh family is grateful for their kindness, and for the contributions of all our donors who support our patients and their families.

Glenbeigh's staff, our donors and everyone working to bring sober events to the forefront are changing the world and making a difference in the lives of people who have experienced the throes of addiction. I thank you for your commitment and urge everyone reading this to stay positive, appreciate what you've accomplished, connect, and celebrate recovery with us this summer.

Pat

Pat Weston-Hall
Chief Executive Officer



Glenbeigh Receives Major Gift

Establishes Plastpro Family Education Endowment Fund

With gratitude, Glenbeigh's Chief Executive Officer, Pat Weston-Hall, announced that Glenbeigh received a generous donation in the amount of \$100,000 from Plastpro Incorporated in recognition of the company's 25th anniversary. Plastpro owner, Shirley Wang, along with her husband Walter Wang, wanted to celebrate the business milestone and make an impact on the community where employees live and work. Plastpro, a manufacturer of fiberglass doors located in Saybrook Township, just north of Rock Creek, Ohio, has a history of giving back to the community. The Wang's recognized the impact the opioid epidemic has had on the community and wanted to give hope and support to the families who suffer along with their loved ones. To accomplish that, they established the **Plastpro Family Education Endowment Fund**.

"This transformational gift will support Glenbeigh's Family Program, which provides education on addiction, how it affects families and the importance of recovery support. The goal is to help loved ones heal," said Pat Weston-Hall. "I often hear back from family members who say that participating in the family program empowered them to build support networks and regain their lives."

The Plastpro Family Education Endowment will be a lasting tribute representing Plastpro's commitment to the community. The annual earnings from the endowment will be used to provide materials and support the family program, which is an important aspect of the recovery process. Glenbeigh is thankful for the philanthropic spirit of the Plastpro family. A ceremonial check presentation was made on April 4th during a grand celebration at the Lodge and Conference Center in Geneva, Ohio.

Glenbeigh is a non-profit specialty hospital.



Glenbeigh invites all alumni, family and friends to join us at the Rock & Roll Hall of Fame, 1100 E. 9th Street, Cleveland, Ohio 44114, for an extraordinary recovery celebration.

Free Rock and Resilience Community Day Sunday, August 25, 2019

Music and recovery, two mediums that inspire people to come together, will merge on Sunday, August 25th, on the PNC Stage at the Rock & Roll Hall of Fame's outdoor plaza in Cleveland, Ohio, from noon to 4:00 PM. Ricky Byrd, of Joan Jett and the Black Hearts and 2015 Rock Hall Inductee, will be joined by musician Kathy Valentine, an original member of the Go-Go's; acclaimed drummer Liberty DeVitto; and Genya Ravan, of Goldie & The Gingerbreads, to share the power of music combined with inspirational stories of inner strength and reconnection. The afternoon will feature live music performances by: Guitars for Vets, Angie Haze Project, David Smeltz and the Smeltztones, and the Songwriters Circle featuring Byrd, Valentine, DeVitto and Ravan.

Join the Glenbeigh family, who will be onsite throughout the event, and be part of a special celebration to raise awareness and show people that there is a thriving recovery community in northeast Ohio. All alumni are invited to attend. Be living proof that people do recover and that recovery can be fun. Music fans, treatment advocates, clinical professionals, supportive friends, sponsors,

family, and anyone in the recovery community are invited to attend this free event, which is open to the public.

"We are thrilled to be participating in what is quickly becoming a major recovery celebration," said Pawley Bornstein, Alumni Coordinator at Glenbeigh. "The Rock Hall was inspired by the turnout last year and we want to make 2019 even bigger."

Mark your calendars! Be part of the experience! While there, make sure you visit the Glenbeigh table and say hello.

More information is available at <https://www.rockhall.com/rockandresilience> or through the events page at www.glenbeigh.com

Rock and Resilience Community Day is presented by the Rock & Roll Hall of Fame in partnership with Rock & Recovery (91.3 The Summit). Food and drink will be available for purchase from the Rock Hall Food Truck and at the All Access Café. A separate admission ticket must be purchased to tour the Rock Hall exhibits. Museum admission is free for Rock Hall members and City of Cleveland residents.

Glenbeigh Provides Community Service in Niles

Sponsors Alcohol Free Zone at Scrappers Field

Glenbeigh is proud to once again sponsor a dedicated family area located in section 120 at Eastwood Field, home of The Mahoning Valley Scrappers. The Glenbeigh Family Section is an alcohol-free zone where fans can experience games in an enjoyable atmosphere free from alcohol sales and the disruptive behavior associated with alcohol consumption. Tickets for the Glenbeigh Family Section may be purchased in advance or on game days at the Scrappers Box Office. There are no extra ticket fees for anyone interested in sitting in the sponsored area.

The season opens on Sunday, June 16th and Glenbeigh will be at the field the following night, Monday, June 17th for Wellness Night where Mahoning Valley healthcare agencies will be offering screenings and handing out information on area resources. Visit the Scrappers website for more information on upcoming games, promotions and special events.



Thousands of people travel to Akron, Ohio each year to walk in the footsteps of Bill W. and Dr. Bob. The men first met here at the Gate Lodge, located at 714 North Portage Path.

Glenbeigh Sponsors Rock & Recovery Stage Featuring Live Performances at the Gate Lodge

Visiting the Gate Lodge at Stan Hywet Hall is a tradition of the Founder's Day celebration in Akron, Ohio. This year was extra special with recovery-oriented musical performances taking place throughout the day. "It's an honor to work with Rock and Recovery to bring live music to the Gate Lodge during this extraordinary event," said Gary Seech, Regional Director of Operations at Glenbeigh. "As the stage sponsor, Glenbeigh played a significant role in providing inspirational music that was broadcast to people in recovery all over the world."

Glenbeigh staff members were present June 7th and June 8th to greet people who were exploring the area during the annual homecoming observance. Visitors to the Gate Lodge were treated to live musical performances featuring Marc Lee Shannon, Jeff Klemm, David Smeltz, Chris Patis and Matt Hertweek, among others, and interacted with Rock and Recovery DJs. Glenbeigh has been a sponsor of Rock and Recovery since it was founded and was with them at the Gate Lodge for their first broadcast. Recently, the station was honored for its contribution to recovery by the Corporation for Public Broadcasting at America's Public Television Stations Public Media Summit.

The Gate Lodge is located at the entrance to Akron's Stan Hywet Hall & Gardens. It was on Mother's Day in 1935 that Henrietta Seiberling introduced her friend Dr. Bob Smith, a prominent Akron surgeon, to Bill Wilson, a New York stockbroker. The two admitted alcoholics talked for hours. Glenbeigh is proud to have been part of the 2019 Rock and Recovery experience at the Gate Lodge and grateful for the opportunity to interact with people from around the world who are committed to recovery.

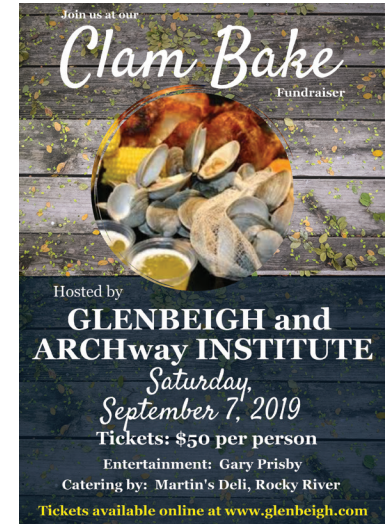
Glenbeigh Clam Bake Fundraiser

Saturday, September 7, 2019
4:00 PM to 6:30 PM

Make plans to attend Glenbeigh's fall Clam Bake fundraising extravaganza at Elmwood Park Cabin, 600 Elmwood Road, Rocky River, Ohio. Join Glenbeigh and our friends from the ARCHway Institute for an afternoon of live music, a guest speaker and great food. Catering by: Martin's Deli, Rocky River, Ohio. Proceeds from this fundraising event benefit

both organizations and will be used for education and scholarships. Sponsorships and Underwriting opportunities are available. Visit www.glenbeigh.com for more information and to purchase tickets before Friday, August 30th.

Questions? Contact Carrie Artman by email at carrie.artman@glenbeigh.com or call 440-710-3244.



News from the Alumni Coordinator

By Pawley Bornstein



Pawley Bornstein,
Glenbeigh Alumni
Coordinator

In April 2015, I stepped away from a commercial radio career and began what I would describe as a life-saving journey. I had interactions with Glenbeigh in the past, as emcee for special events, and saw first-hand their dedication to alumni and to anyone in recovery. When I decided to work in the recovery field, I knew Glenbeigh was the place where people understood addiction and would welcome me, imperfections and all. What I have experienced over the years has brought great appreciation for the resources and care that Glenbeigh offers. I can honestly say I have witnessed miracles. My heart soars every time someone comes to an event – after a year, two years, or ten years sober – and talks about how Glenbeigh turned their lives around. Their success reinforces my commitment to recovery and makes me appreciate my new life even more. I'm grateful for the opportunity Glenbeigh gave me: especially my work with Rock and Recovery, where I can talk about challenges and share the joys of recovery. At a recent Glenbeigh Yoga event, someone told me they love listening to my segments on Rock and Recovery. I feel I have been blessed. Doing new things and helping others with skills I cultivated in a prior career has been rewarding beyond measure. I am grateful for my new friends and new family. I hope you will celebrate recovery with us this summer.

Upcoming Events



**Niles
4th of July
Picnic**
Thursday, July 4, 2019
1:00 PM to 4:00 PM

Alumni, family and friends of Glenbeigh are invited to enjoy an afternoon picnic celebrating our country's independence at Glenbeigh Niles, located at 29 North Road, Niles, Ohio. This is a great fellowship event where the recovery community is welcome to join us for hot dogs and hamburgers. Bring a covered dish or dessert to share with others. Walk-ins welcome. No reservations required. For more information, please call 330-652-6770.



**Alumni and
Recovery
Community
Picnic**

Saturday, July 20, 2019
2:00 PM to 4:30 PM

Return to Glenbeigh, 2863 State Route 45, Rock Creek, Ohio, for a celebration of recovery and an enjoyable afternoon of fellowship, music and interaction with others in recovery. All alumni are invited to attend and bring family, friends, sponsors or anyone who supports your recovery efforts. Hot dogs and hamburgers will be served. After the lead, all guests are invited to circle the pond for the traditional singing of "Lean on Me". The alumni picnic is held rain or shine. This free event is offered as part of Glenbeigh's efforts to offer supportive events that are open to the recovery community.



7th Annual ARCHway Golf Outing

Thursday, September 26, 2019
11:30 AM Check In – 12:15 PM Shot-Gun Start

RSPV today for what is considered the best golf outing in northeast Ohio that supports addiction education and recovery efforts. The ARCHway Golf Outing is a great way to help people in need get treatment, build their foundation and establish a support network to stay clean and sober. Show your support by signing up to golf, becoming a sponsor or making a donation. Visit www.glenbeigh.com or <https://thearchwayinstitute.org/> for more information and to register.

Bridges to Recovery Events

Glenbeigh's Bridges to Recovery events were founded in Pittsburgh and evolved into a multi-regional experience that brings people together to discuss relevant topics that affect not only the person in recovery, but the people who care for them. A series of guest speakers present brief insight on how they interpret the topic of the night. Open dialogue is encouraged. Bridges events are open to people in recovery as well as family and friends interested in learning more about living in recovery. Casual attire. Walk-ins welcome. Events begin at 7:00 PM and conclude by 8:15 PM. Refreshments served. Visit www.glenbeigh.com/events for more information.

Pittsburgh, PA – Wednesday, August 7, 2019

Topic: "Character Defects"

Rocky River, OH – Thursday, August 15, 2019

Topic: "Resentments in Recovery"

Pittsburgh, PA – Wednesday, October 2, 2019

Topic: "Humility"



Accredited by
The Joint Commission

Mission Statement

To provide the highest quality healthcare to those in need of alcohol and drug addiction treatment and support ongoing recovery efforts.

